



# Coffee Morning

**The Ballroom, Annex,  
Leigh View Medical Practice**

Last Thursday of each month,  
10:00-11:00am

If you are interested in coming along for a cuppa,  
please feel free to turn up. We do try to have  
speakers along to entertain and educate us.

Everyone welcomed, costs minimal.



# Chair Aerobics

**Tingley Methodist Church,  
Westerton Road, Tingley, WF3 1BD**

Tuesdays 10:15-11:15am

This group is very popular and almost full.  
If you are interested in joining, please either  
turn up for a taster session or let us have your  
name to be added to the waiting list. Once  
we have sufficient interest, we hope to set up  
further sessions, so that everyone gets chance  
to join in this very sociable and fun activity.

All ages and abilities welcome.





## • Diabetes Support Group

An evening meeting organised by patient volunteers and for patients. This is an informal session open to all patients with Diabetes and their family/carers / friends to attend.

Professional speakers are invited each time with topics ranging from Consultant advice about how to manage Diabetes, Dietary advice, manageable exercise, heart failure, eye health, practical cooking tips, etc

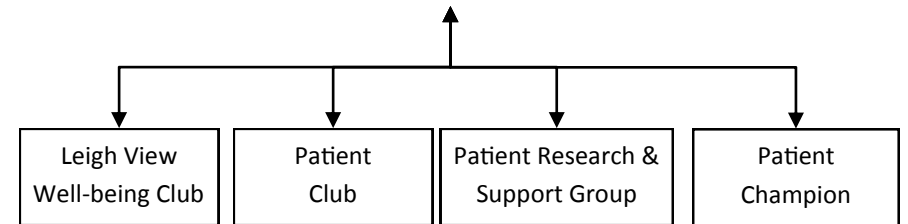
**This is currently held**

**on the 3rd Thursday of every month 6-7pm**

Please ask at Reception for further details, as the timing and venue may change in the Autumn of 2017

## LEIGH VIEW MEDICAL PRACTICE

# Patient Involvement



•Diabetes Support Group



•Chair Aerobics  
•Coffee Mornings  
•Knitting for charitable causes



•Patient Surveys in the waiting room for Patient Club  
•Volunteering at flu clinic as guides for patients



•Liaison with the practice team.  
•Attendance at citywide meetings and staff training.  
•Consultation about NHS developments

**New participants and committee members and are always welcome!**

- To express an interest in joining a committee, please ask at Reception and your details will be passed to the Chairperson to contact you.
- To attend any event, feel free to just turn up as advertised.